

WINTER WEEK1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	SPAGHETTI BOLOGNESE	CHICKEN PIE	FISH CAKES	CHICKEN MASALA	SAUSAGES
VEG	VEGEMINCE BOLOGNASE	VEGETABLE PIE		VEGETABLE MASALA	VEGE SAUSAGES
STARCH	SPAGHETTI	ROAST POTATOES	CHIPS	RICE	MASH
VEG	MIXED VEG	CARROTS	PEAS	SWEETCORN	BAKED BEANS
DESSERT	FLAPJACK	CHOICE OF FRUIT	APPLE CRUMBLE AND CUSTARD	FRESH FRUIT SALAD/YOGHURT	CARROT SLICE

FRUIT, SALAD, BREAD, WATER OFFERED DAILY
YOGHURT ON REQUEST

WINTER WEEK2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	BEEF CHILLI	ROAST GAMMON	CHINESE CHICKEN	HOMEMADE PORK MEATBALLS	BATTERED COD
VEG	VEGE MINCE CHILLI	QUORN CUTLETS	CHINESE VEG	QUORN BALLS	
STARCH	RICE	ROAST POTATOES	NOODLES	SPAGHETTI	CHIPS
VEG	SWEETCORN	CARROTS		GREEN BEANS	PEAS
DESSERT	CHOICE OF FRUIT	APPLE AND SULTANA SLICE AND CUSTARD	GINGER BRAN CAKE	FRESH FRUIT SALAD/YOGHURT	ICE CREAM

FRUIT, SALAD, BREAD, WATER OFFERED DAILY
YOGHURT ON REQUEST

WINTER WEEK3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	BEEF LASAGNE	ROAST PORK	COTTAGE PIE	TUNA PASTA BAKE	SPANISH CHICKEN
VEG	VEG LASAGNE	QUORN CUTLETS	VEGEMINCE PIE		SPANISH QUORN
STARCH	(PASTA) OPTIONAL JACKETS	ROAST POTATOES	MASH	PASTA (OPTIONAL JACKET)	RICE
VEG	SWEETCORN	CARROTS	GREEN BEANS	BROCCOLI	MIXED VEG
DESSERT	CHOICE OF FRUIT	BANANA CUSTARD	FRESH FRUIT SALAD/YOGHURT	ICE CREAM	JAM SPONGE AND CUSTARD

FRUIT, SALAD, BREAD, WATER OFFERED DAILY
YOGHURT ON REQUEST